

Patient Name: \_\_\_\_\_

To the patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign, if there is anything that is unclear.

**The Nature of the Chiropractic Adjustment**

The primary treatment I use as a Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon you body in such a way as to move your joints. That may cause an audible “pop” or “click” much as you have experienced when you “crack”your knuckles. You may feel a sense of movement.

**Analysis/Examination/Treatment**

As part of the analysis, examination, and treatment, you are consenting to the following procedures. Patient should initial each procedure they are consenting to:

- |  |   |
|--|---|
| <input type="checkbox"/> Spinal Manipulative Therapy | <input type="checkbox"/> Palpation                  |
| <input type="checkbox"/> Range of Motion Testing     | <input type="checkbox"/> Orthopedic Testing         |
| <input type="checkbox"/> Muscle Strength Testing     | <input type="checkbox"/> Postural Analysis          |
| <input type="checkbox"/> Hot/cold Therapy            | <input type="checkbox"/> Basic Neurological Testing |
| <input type="checkbox"/> Vital Signs                 | <input type="checkbox"/> EMS                        |

**The Material Risks inherent in Chiropractic Adjustment**

As with any health care procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck lending to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness the first few days following treatment. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition; that would otherwise not come to my attention, it is your responsibility to inform me.

**The Probability of those risks occurring**

Fractures are rare occurrences and generally result form some underlying weakness of the bone which I check for during the taking of your history and during examination and X-ray. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceeding rare and are estimated to occur between one and five million cervical adjustments. The other complications are also generally described as rare.

**The Availability and Nature of other treatment options**

Other treatment options for your conditions may include: Self-administered over-the-counter analgesics and rest. Medical care and prescription drugs such as anti-inflammatory, muscle relaxants, and pain killers, hospitalizations and surgery. If you choose to use one of the above noted “other treatment” options, you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

**The Risks and Dangers attendant to remaining untreated**

Remaining untreated may allow the formation of adhesion and reduce mobility, which may affect your pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

**DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE. Please check the appropriate block and sign below.**

**I have read [ ] or have had read to me [ ] the above explanation of the chiropractic adjustment and related treatment. I have discussed it with Dr. Jinnifer Stephan, D.C. And have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risk, I hereby give my consent to that treatment.**

Dated: \_\_\_\_\_

Dated: \_\_\_\_\_

\_\_\_\_\_  
Patient Name

Jin Stephan  
Doctor's Name

\_\_\_\_\_  
Signature

Jin Stephan D.C.  
Signature

\_\_\_\_\_  
Signature of Parent or Guardian

**CONSENT TO EVALUATE AND ADJUST A MINOR CHILD:**

I, \_\_\_\_\_ being the parent or legal guardian of \_\_\_\_\_ have read and fully understand the above terms of acceptance and hereby grant permission for my child to receive chiropractic care.